Thursday, July 7, 2016  
Creating a Work Atmosphere that Attracts and Sustains Happy Employees and Increased Productivity: A Workshop for Managers  
Julie McGrath, MSW, LICSW in Foxborough, MA

Thursday, July 14, 2016  
Working From Within: Addressing Domestic Violence with Fathers in Multiple Settings  
Fernando Mederos, Ed.D in Chelmsford, MA

Thursday, July 21, 2016  
Creating Supports for Children and Families Coping with Domestic Violence  
Stephanie Howard, Ph.D., in Peabody, MA

Thursday, July 28, 2016  
Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health  
Jeanette L. Coleman, MSW, LICSW in Chelmsford, MA

Thursday, August 4, 2016  
Mindfulness: Skills for Self and Client Care  
Jefferson B. Prince, M.D. in Chelmsford, MA

Thursday, September 8, 2016  
Welcome to America and School: Working with First Generation Immigrant Children  
Dr. Westy Egmont in Chelmsford, MA

Friday, September 16, 2016  
Working with Gang-Involved Youth: A Trauma Informed Approach  
Rick Cresta LICSW, MSW/MPH in Hyannis, MA

Thursday, September 22, 2016  
Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health  
Jeanette L. Coleman, MSW, LICSW in Foxborough, MA

Thursday, October 6, 2016  
The Epidemic of Opiate Addiction: Implications for Social Workers’ Work with Opiate Addicted Parents  
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Peabody, MA

Thursday, October 13, 2016  
Intervening Effectively with Multi-Stressed Families  
Dan Jacobs, EdM, MBA, PsyD in Hyannis, MA

Thursday, October 20, 2016  
Real Life Obsessive-Compulsive Disorder: More than hand-washing and checking  
Kimberly Glazier Leonte, PhD in Chelmsford, MA

Thursday, October 27, 2016  
The Commercial Sexual Exploitation of Children: Understanding and Responding to Victims  
Audrey Morrisey and Nikki Valila in Foxborough

Thursday, November 3, 2016  
Understanding, Preventing and Treating School Refusal and Truancy  
Elana Wolkoff, Ph.D.in Hyannis, MA

Wednesday, November 16, 2016  
The Epidemic of Opiate Addiction: Implications for Social Workers’ Work with Opiate Addicted Parents  
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Sturbridge, MA

Thursday, December 1, 2016  
The Epidemic of Opiate Addiction: Implications for Social Workers’ Work with Opiate Addicted Parents  
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Foxborough, MA

Tuesday, December 6, 2016  
Anger, Rage and Trauma: Talking to Kids About Difficult Things  
Daniel Jacobs, EdM, MBA, PsyD in Chelmsford, MA

Thursday, December 15, 2016  
Emotional self-regulation in the Workplace: How to Maintain Composure, Control and Peace of Mind in any Circumstance  
Jackie Woodside, MSW, LICSW, CPC in Sturbridge, MA

Thursday, January 12, 2017  
Unraveling the Intricacies of Autism Spectrum Disorders  
Ryan Plosker, M.S., CAGS, Ed.D in Chelmsford, MA

Thursday, January 26, 2017  
Talking about the Taboo: Discussing Healthy Sexuality with Adolescent  
Andrea Kelley, MSW, MPH in Foxborough, MA

Wednesday, February 15, 2017  
Welcome to America and School: Working with First Generation Immigrant Children  
Westy Egmont, PhD in Hyannis, MA

Thursday, March 23, 2017  
Boundaries: What Every Human Service Employee Needs to Know to Keep Relationships Professional and Thriving  
Julie McGrath, MSW, LICSW in Chelmsford, MA

Monday, April 3, 2017  
Sex Ed by Porn?: Pornography, young people and sexuality  
Maree Crabbe in Chelmsford, MA

Friday, April 7, 2017  
Trying to Stop Opioid Addiction Before It Happens: Addressing Transgenerational Substance Abuse at the Youth and Family Levels”  
Dan Jacobs, EdM, MBA, PsyD in Peabody, MA

Wednesday, April 19, 2017  
Motivational Interviewing  
Enid Watson, MDiv in Chelmsford, MA

bridgewell.org/cpd
Thursday, April 27, 2017
Treating Eating Disorders: Integrating Psychotherapy and Nutrition
Karen Chinca, LICSW, Marci Anderson Evans, MS, CEDRD, LDN, CPT in Chelmsford, MA

Friday, May 5, 2017
Strong at the Broken Places: Discovering Resiliency in Ourselves and Our Clients
Linda T. (Lynn) Sanford, LICSW in Chelmsford, MA

Thursday, May 11, 2017
Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health
Jeannette L. Coleman, MSW, LICSW in Hyannis, MA

Tuesday, May 16, 2017
Working From Within: Addressing Domestic Violence with Fathers in Multiple Settings
Fernando Mederos, Ed.D in Foxborough, MA

Thursday, June 8, 2017
Trauma Informed Care
Joanna Bridger, LICSW in Hyannis, MA

Friday, June 16, 2017
Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Permanent Healing of PTSD, Anxiety, Depression, Substance Abuse and More
Frank G. Anderson, M.D. in Chelmsford, MA

Thursday, August 3, 2017
Building Teams in Difficult Circumstances: Developing Communication, Collaboration and Collegiality
Dan Jacobs, EdM, MBA, PsyD in Chelmsford, MA

Monday, August 7, 2017
Psychological First Aid: Your First Response to Traumatic Events
Larry Berkowitz, EdD, Joanna Bridger, LICSW, in Hyannis, MA

Thursday, September 14, 2017
Keeping Joy in the Work We Do, Inspiration for Human Service workers to sustain a career of passion and purpose!
Julie McGrath, MSW, LICSW in Hyannis, MA

Thursday, September 28, 2017
Real Life Obsessive-Compulsive Disorder: More than hand-washing and checking
Kimberly Glazier Leonte, PhD n Foxborough, MA

Thursday, October 12, 2017
Mindfulness: Skills for Self and Client Care
Jefferson B. Prince, MD, PhD in Chelmsford, MA

Thursday, November 9, 2017
Conflict Resolution: Untangling Anger – Yours and Theirs
Gina Campione Genest, M.Ed. in Chelmsford, MA

Thursday, November 16, 2017
Trying to Stop Opioid Addiction Before It Happens: Addressing Transgenerational Substance Abuse at the Youth and Family Levels
Dan Jacobs, EdM, MBA, PsyD in Hyannis, MA

Friday, December 15, 2017
It Makes Perfect Sense: Understanding the Emotional and Behavioral Impact of Childhood Trauma
Andrea Meninno, LICSW in Chelmsford, MA

Thursday, January 18, 2018
Vicarious Trauma & Its Impact on Service Providers
Mary-K O’Sullivan, LMFT, LADC, LPC in Chelmsford, MA

Thursday March 15, 2018
Rewire Your Brain for Stronger, More Rewarding Relationships
Amy Banks, MD, Foxborough, MA

Thursday, April 5, 2018
It Makes Perfect Sense: Understanding the Emotional and Behavioral Impact of Childhood Trauma
Andrea Meninno, LICSW in Chelmsford, MA

Friday, April 20, 2018
Life at the Edge, “ Mastering the Challenges of Complex Trauma
Frank Anderson, MD in Chelmsford, MA

Tuesday, May 15, 2018
Working with Multicultural Teams
Kari Heistad, founder and CEO, Culture Coach International in Peabody, MA

Monday, June 4, 2018
Developmental Disabilities and Sexuality 101
Katherine McLaughlin, M.Ed. in Peabody

Friday, June 8, 2018
Internal Family Systems Therapy (IFS): A Revolutionary and Transformative Treatment for Permanent Healing of PTSD, Anxiety, Depression, Substance Abuse and More
Frank Anderson, MD in Hyannis, MA

Tuesday, June 12, 2018
Virtual Addiction: Are we controlling our devices or are they controlling us?
Dr. David Greenfield in Lexington, MA

Wednesday, June 20, 2018
Another Way to Look at the Opioid Epidemic: a Journey of Self-Discovery
Mark S. Kennard, LICSW, Dr. Harvey Zarren and Richard Zombeck in Peabody, MA